



**Nutrition Entrepreneurs Speaker's Group
Speaker Resource List
February, 2006**

The following NE Members are public speakers that may be available to present to your audience. NE does not endorse any of the following speakers, nor does NE take any responsibility in the skill or knowledge level of individual speakers. Each speaker is an entrepreneur and as such, will negotiate the details of the business transaction with the meeting planner.

| Speaker Contact Information | Specialty/Speaking Topics |
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| Dina Aronson, MS, RD 28 Ninth St. #306 Medford, MA 02155 781/391-6444 nutrawiz@aol.com www.nutrawiz.com AND www.pdaRD.com | Food allergies and intolerances (co-author of the <i>Food Allergy Survival Guide</i>), Vegetarian and vegan nutrition, Technology in dietetics (I am the Internet Specialty Group Chair for NE and have a website especially for PDAs and nutrition). I have spoken in several states as well as overseas. |
| Linda Arpino, MA, CDN, RD NYSDA Media Spokesperson WRDA President www.lifefocusnutrition.com The Nutrition & Wellness Centers of Linda Arpino & Associates, Inc. 14 Rye Ridge Plaza, suite 226 Rye Brook, NY 10573 914/251-1622; Fax 251-1107 14 Harwood Court suite 428 Scarsdale, NY 10583 | <i>Professional Training Workshops:</i> Private Practice Seminar: Nutrition Practice Essentials; see website for a detailed description. Nutritional Guidelines for Polycystic Ovarian Syndrome; Key Ingredients for the Recipe of Marketing Success in Practice; Essentials for Website Design; Getting Your First Book Published. <i>General Audiences, Corporate, worksite and schools:</i> Topics on childhood and adult obesity, eating disorders, and preventative nutrition for diabetes, heart disease, mid-life body changes and cancer. See website. Discussion of program: Lifefocus Nutrition For Health, and Eat Fit Be Fit: Easy Solutions for Weight Management. All programs include handouts and a lively interactive approach. Consultation for Schools and corporation. |
| Pat Baird, MA, RD, FADA 15 East Putnam Avenue, #257 Greenwich, CT 06830 203/532-1782 bairdpat@aol.com Author: <i>Be Good to Your Gut</i> | Heartburn (and other digestive disorders); Osteoporosis; Weight Management; Functional Foods; other topics by request. |
| Alice Baland, MA, LPC, RD/LD Psychotherapist, Dietitian, Speaker Weight Management & Eating Disorders Sports Nutrition Certified Medical & Analytical Hypnotherapist 5172 Village Creek Drive, Suite 101 Plano, TX 75093 214/335-5556; Fax 214/291-5354 alice@alicebaland.com www.AliceBaland.com | Emotional, Behavioral, & Nutritional Aspects of Weight Management; Half-Day & All-Day Weight Management Workshops. Overcoming Compulsive and Addictive Eating; Bariatric Nutrition & Lifestyle Changes; Weight, Eating, Life, & Relationships; Diet & Exercise Resistance Solutions for the Obesity Epidemic; Overcoming Diet & Exercise Resistance; Stress Management, Lifestyle Enhancement; Coping with Job Loss; plus, Custom Topics |

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| <p>Lucille Beseler MS, RD, LD/N Family Nutrition Center 5901 Colonial Drive #108 Margate, Fl. 33063 (954)972-2123 fax: (954) 972-4567 www.nutritionandfamily.com</p> | <p>Presentations on all areas of Pediatric and Adolescent nutrition including the following age groups: infants, toddlers, school age children, and adolescents. Topics include but not limited to Caring for the overweight child, Weight management, Preventive nutrition care for children, Nutritional treatment of Eating Disorders in children and adolescents, Food Allergies, Failure to Thrive. Presentations on chronic pediatric diseases include Diabetes, Cystic Fibrosis, and Crohn's Disease. Author of Nurturing with Nutrition essential guide for feeding infants and toddlers. Other topics of expertise: State Licensing of Dietitians/Nutritionist (Chair and appointed member of the licensing board of Florida for eight years), Combating unlicensed activity, How to manage a private practice, and Insurance reimbursement.</p> |
| <p>Julie Beyer, RD 4540 Sedona Drive Clarkston, MI 48348 248/961-3613 JulieABeyerRD@aol.com www.NutraConsults.com</p> | <p><i>For professional audiences:</i> Think I Can, I Think I Can! - Self-efficacy in Health Behavior Change; What is Your Niche? - Career Directions for the Contemporary RD; Do You See What I Say? - Visual Aids and Word Picture Strategies to Use in Counseling and Workshops; A PowerPoint Primer - Adding Flash to Your Presentations without Burning Out the Audience; Presentations in a Pinch - Ten Steps to a Polished Presentation; You Should Be a Writer - Exploring the Process of Online Publishing <i>For the public:</i> Making Peace With Stress; Dining Out and Staying Fit; Eating Consciously; Fad Diets Fade Fast; Grocery Store Confidence and Label Reading; Nutrition Flip Flops; Basic Nutrition: Fuel for Health; Carbohydrates: The Good, the Bad and the Ugly; Fat Facts and Lipid Lingo Cardiovascular Disease and Nutrition; DASH: Dietary Approaches to Stopping Hypertension; Diabetes, and Metabolic Dysfunction</p> |
| <p>Janice Newell Bissex, MS, RD 40 Glen Street Melrose, MA 02176 781/665-0098 (phone/fax) jnbissex@comcast.net www.MealMakeoverMoms.com</p> | <p>Writing a Book (The Good, the Bad, & the Ugly); Making Over the Family Diet: The Five Step Meal Makeover Plan; The Family Meal Makeover: How to Weave Super Nutrition into the Family Diet; Childhood Obesity: Small Steps Towards Change; Is it Time for an Oil Change? Cooking Oils & Health Cooking Demonstrations</p> |
| <p>Shelley Case, BSc, RD Author, Speaker and Consulting Dietitian Case Nutrition Consulting 1940 Angley Court, Regina, SK., S4V 2V2, Canada 306/536-7716; Fax 306/751-1000 scase@accesscomm.ca www.glutenfreediet.ca</p> | <p>Celiac Disease and the Gluten-Free Diet, Food Allergies and Intolerances for health professionals and consumers.</p> <p>Please visit our website for free articles and additional information on celiac disease and the gluten-free diet.</p> |
| <p>Nancy Clark, MS, RD 617/795-1875 nclarkrd@rcn.com www.nancyclarkrd.com</p> | <p>Nutrition for Sports and Exercise; Weight Management; Eating Disorders</p> |
| <p>Dr. Nancy Collins, PhD, RD, LD/N Certified, Adult Weight Management 318 Indian Trace #126 Weston, FL 33326 Office 954/349-2198; Fax 954-349-2197 NCtheRD@aol.com</p> | <p>Presentations on nutrition for wound healing, pressure ulcers, maintenance debridement and nutrition, involuntary weight loss, wasting diseases, cachexia, nursing home issues, risk management and minimizing the risk of practice in long-term care. Other topics include use of Internet and technology for nutrition including online meal planning and online nutrition support.</p> |

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| <p>Suzanne Dixon, MPH, MS, RD Vice President of Nutrition Product Development, P4 Healthcare, LLC Director, Cancer Nutrition Info, LLC 1424 SW Westwood Court Portland, OR 97239 sdixon@p4healthcare.com www.caring4cancer.com www.cancernutritioninfo.com 404/876-3084; Fax: 503/914-6233</p> | <p>Nutrition for cancer prevention, management, and treatment; nutrition-related complementary and alternative medicine; chronic disease nutrition; vegetarian & vegan nutrition; obesity; fad diets and solutions for permanent weight management & health; providing nutrition information in the information age; nutritional epidemiology; cancer epidemiology; and many other current nutrition topic areas.</p> |
| <p>Becky Dorner, RD, LD, President Becky Dorner & Associates 3526 Ridgewood Rd. Akron, OH 44333 800/342-0285; Fax 330/666-0116 Becky@BeckyDorner.com www.beckydorner.com Caring for the nutritional needs of older adults since 1983. Please visit our website for free articles, free monthly E-zine, and additional information and resources.</p> | <p><i>For Health Care Professionals:</i> Enhancing the Dining Experience; Do You Know Where I Can Get Something to Eat? Nutrition & Dementia; Weight Loss Solutions for Older Adults; Newsflash: Hot topics in LTC; It's Tough to Swallow: Nutrition & Dining for Dysphagia; End of Life Nutrition & Hydration; MNT for Pressure Ulcers; Can You Hear Me Now? (Interdisciplinary communications); Cost is King & I'm Holding the Joker. <i>Business & Professional Improvement Topics:</i> Getting It All Done (Time management); Energize Your Life (Stress reduction); Customer Satisfaction; Increasing Your Value/Proving Your Worth</p> |
| <p>Lorena Drago MS RD CDN CDE Educator and Consultant Hispanic-Latino Educator Specialist 71-40 112 Street, Suite 404 Forest Hills, NY 11375 718/263-3926; Fax 718/579-4604 Lorenamsrd@aol.com</p> | <p>I am a bilingual (Spanish/English) registered dietitian and certified diabetes educator. My specialty is in social marketing, health promotion, multi-cultural and cultural competency in Hispanic/Latino health education.</p> |
| <p>Suzanne Girard Eberle, MS, RD Sports dietitian, speaker and author of Endurance Sports Nutrition 503/223-5243 Ebcruz@aol.com, www.eatdrinkwin.com</p> | <p>Sports/performance nutrition, weight management, women's health, disordered eating/eating disorders, current topics in nutrition.</p> |
| <p>Jennifer R. Eliasi, MS, RD, CDN Nutrition Coordinator, PATH Center; Co-Chair, Nutritionists in AIDS Care; Chair, HIV/AIDS Dietetic Practice Group, American Dietetic Association; Nutrition Consultant 108-47 64 Road Forest Hills, NY 11375 917/568-4980; JennEliasi@aol.com</p> | <p>I specialize in Infectious Diseases and Infectious Disease Nutrition (HIV/AIDS, Hepatitis C).</p> |

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| <p>Denice Ferko-Adams, MPH, RD, LDN President, Wellness Press 453 Colver Road Nazareth, PA 18064 610/746-5986 denice@wellnesspress.com www.wellnesspress.com</p> | <p>Developing corporate wellness programs, business skill development (communication, marketing, negotiating), cooking demonstrations, weight management, cooking skills, and training programs for professionals.</p> |
| <p>Kathryn Fink, RD, LD Nutrition & Fitness Consultant Irving, TX 75060 214/850-9573 contact@dietitianadvice.com www.dietitianadvice.com Mrs. Bairds Bakeries Nutritionist; Fitness Magazine Weight Loss Challenge Expert; Young Dietitian Of The Year recipient; Former Chair of the American Dietetic Association's Nutrition Entrepreneur group; Adjunct nutrition professor in Dallas, TX; Cooper-certified personal trainer; Published author and frequent journal contributor</p> | <p>Areas of Interest</p> <ul style="list-style-type: none"> • Emotional eating • Healthy eating • Weight loss and weight management • Bariatric/gastric bypass support <p>Classes & Workshops</p> <ul style="list-style-type: none"> • A Eating on the Run: • B Portion Distortion: • C How to Have Your Cake and Eat it Too • D Taming Unconscious Eating |
| <p>Anne M. Fletcher, MS, RD, LD Author, the best-selling <i>Thin for Life</i> books, <i>Sober for Good</i>, and <i>Weight Loss Confidential</i> (Houghton Mifflin Co.) Recipient, Distinguished Friend to Behavior Therapy Award, AABT 800-362-3147 annemfletcher@aol.com www.annemfletcher.com</p> | <p><i>For consumers or professional audiences: Winning at Weight Control: Secrets of People Who Have Lost Weight & Kept It Off; Masters of Change: Learning From People Who've Changed for Good; Sober for Good: Varied Solutions for Drinking Problems; Weight Loss Confidential: How Healthy Teens Lost Weight & Kept It Off—And What They Wish Parents Knew</i></p> |
| <p>Laura Coti Garrett, MS, RD, CDE VP Clinical Division Paramus, NJ 07652 201/225-9300 LCGPlus@msn.com</p> | <p>Good Carbs, Bad Carbs: Making Better Choices; Glycemic Index/Glucose Load; Integrative Approaches, Thinking Thin for Weight Management; Food Choices for a Healthy Heart; Diabetes: You are In Control; Food Choices for Women's Special Needs; Nutrition 101 for College Bound Students; Kids: Making Better Food and Lifestyle Choices</p> |
| <p>Patti Geil, MS, RD, FADA, CDE Author/Speaker/Diabetes Nutrition Expert Geil Nutrition Communications 641 Tally Road Lexington, KY 40502 859/266-3747; Fax 859/335-1500 jdgeil@pol.net www.corporateartists.com/speaker_patti_geil.html More details available on my speaker's website.</p> | <p>I speak locally, nationally and internationally on topics including "Diabetes and Pregnancy: Expecting the Best", "Kidney Beans to Jelly Beans: What You Need to Know About the Glycemic Index", "Preventing Natural Disasters: Herbal Supplements for Diabetes", "Women and Weight Loss: Fads, Fiction and Facts", and "Nutrition Supplements for Weight Loss: Hype or Hope?" I have also authored ten books on the topic of nutrition and diabetes including <i>The Carbohydrate Counting Cookbook</i>, <i>Diabetes Meals on \$7 a Day- or Less!</i>, <i>101 Tips for a Healthy Pregnancy with Diabetes</i> and <i>Cooking Up Fun for Kids with Diabetes</i>.</p> |
| <p>Tracy Gensler, MS, MBA, RD Health Writer, Speaker 3604 Raymond Street Chevy Chase, MD 20815 301/332-8473 tracy@wellnesstowork.com www.wellnesstowork.com</p> | <p>Wellness Nutrition, How To Eat Healthy on a Busy Schedule, Managing Type 2 Diabetes, Managing Cardiovascular Disease, Supplement Savvy, Fad Diets, Healthy Holiday Eating and many more. My business partner is an exercise physiologist, and he will speak on fitness-related topics.</p> |

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| <p>Colleen Gill, MS RD Nutrition Foundations 4770 E. Iliff Avenue, Suite 231 Denver, CO 80222 303-810-8612 colleen@nutrition-foundations.com www.nutrition-foundations.com Nutrition support for those with cancer or chronic disease. Visit my website for additional information and audio CD's covering topics in nutrition and cancer.</p> | <p>For patients, consumers, and health care professionals: Does Sugar Feed the Tumor? Carbohydrate Issues in Cancer, Issues in Breast Health, Diet and Detoxification, Nutrition Support for Immune Function, Management of Eating Problems in Cancer Treatment, Fatigue Management, Heart Healthy Eating, Managing Menopause with Nutrition and Lifestyle, Weight Management and Cancer Risk.</p> |
| <p>Cindy Heroux, RD Speaker, Author, Consultant Speaking of Wellness LC 2200 Winter Springs Blvd. Ste. 106, PMB#202 Oviedo, FL 32765 407/366- 337; Fax: 407/366-6337 Cindy@speakingofwellness.com SpeakingofWellness.com</p> | <p>Your Health is Your Wealth, How To Be a Healthy Hedonist, Aging Well; Getting Older Doesn't Have to Mean Getting Old, You Really Are What You Eat; To Carb or Not To Carb, Preventative Maintenance; Do You Take Better Care of Your Car Than of Your Body?; Getting a Good Night's Sleep, Mind, Mood and Memory, Stress and Nutrition - a Codependent Relationship; Total Wellness for Your Mind, Body and Spirit; Complementary Medicine and Holistic Health; Stress Management and Relaxation Techniques, ... and many more. I offer over 200 classes related to Nutrition, Fitness, Stress Management, Sleep, Health and Safety. <i>For Professional Development:</i> Expand Your Business by Expanding Your Horizons. Getting Paid What You Are Worth, Increase Your Income and Maintain Economic Viability in Challenging Times, It's a Matter Time, Are You Getting Your Minutes Worth?</p> |
| <p>Mary Ann Hodorowicz Consulting, LLC Nutrition, Diabetes Education and Reimbursement for Professionals in the Health and Food Industry RD, LD, MBA, CDE 12921 Sycamore Palos Heights, IL 60463 708-359-3864 hodorowicz@comcast.net www.maryannhodorowicz.com Author: MNT/DSMT Reimbursement Manual, Establishing MNT Clinic Manual, EZ Forms for the Busy RD</p> | <p>The 5 "D's" for Developing a Successful Medical Nutrition Therapy Program; Applying the MNT Evidence-Based Guides for Practice; What Dietitians Really Need to Know to Function Like a PRO: How to Develop a "P.R.O. P.R.A.C.T.I.C.E" !; Nutrition Care Process and Model; Developing a MNT Outcomes Management System: It's Easier and More Essential Than You Think!; How to Develop an American Diabetes Association Diabetes Recognized Diabetes Self-Management Training Program; Insurance and Medicare Reimbursement for MNT and DSMT; Patient Empowerment: A Proven Model for Enhancing Behavior Change in Patients with Chronic Disease; Improving the Quality and Effectiveness of the Diabetes Care Teams; MyPyramid Food Guidance System; New USDA Dietary Guidelines; It's Not What You Eat, It's What's Eating You: Unique Behavior Control Strategies for Weight Loss and Control</p> |
| <p>Kathy K. Isoldi, MS, RD, CDE Private patient care and writer 94 Walnut Ave, Floral Park, NY 11001 Nutrimomki@aol.com Coordinator of Nutrition Services at The Comprehensive Weight Control Program affiliated with New York Presbyterian Hospital in Manhattan. Contributing editor <i>Woman's Day Magazine</i>, author of <i>The Woman's Day Weight Loss Plan: Lose Weight, Eat Right, Be Fit and Feel Great at Every Stage of Life</i> (Filipacchi/2003)</p> | <p>Specialty- Weight loss for adults, children and teens. Diet for polycystic ovary syndrome (PCOS) and metabolic syndrome. Diet to treat or prevent type 2 diabetes mellitus. Helping busy women find the time to improve their health through making the best food choices and adding exercise to their life.</p> |

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| <p>Marilyn E. Jess, MS, RD, ATM SpeakUpRD P.O. Box 298 North Bennington, VT 05257-0298 802-442-5294 phone/fax speakuprd@aol.com www.speakuprd.com</p> | <p>I specialize in teaching public speaking skills to nutrition professionals. As an advanced Toastmaster (the world's leading public speaking and leadership organization) I have coached speakers for many years and offer workshops, individual coaching and teleclasses on public speaking.</p> |
| <p>Annie Kay, MS, RD, RYT Principal Sage Health Education & Communications PO Box 1377 Nantucket, MA 02554 508/228-6961 annie@sagehealth.net www.sagehealth.net</p> | <p>Nutrition for chronic disease prevention; osteoporosis prevention; social marketing for nutrition programs; public health nutrition programs including coalition building grant writing, developing and advocating policy; combining traditional with complimentary modalities; yoga plus nutrition for weight management, yoga for health behavior change.</p> |
| <p>Molly Kellogg, RD, LCSW Psychotherapist, Nutrition Therapist & Writer 100 East Sedgwick St. Philadelphia, PA 19119-1850 215/843-8258 molly@MollyKellogg.com www.mollykellogg.com</p> | <p><i>Speaking topics for health professionals:</i> Counseling Skills for Nutritional Professionals; Behavior Change: Why It's so Hard and How to Do It; Health Behavior Change Skills for Health and Fitness Professionals</p> |
| <p>Elysse (Lyssie) Lakatos, RD, CDN, CFT Author: <i>Fire Up Your Metabolism: 9 Proven Principles For Burning Fat and Losing Weight Forever</i> (Simon and Schuster, 2004) The Nutrition Twins 40 West 72nd Street, #32 New York, NY 10023 (212)595-6359; Fax (212)787-1513 (please call first) www.nutritiontwins.com healthyhny@aol.com</p> | <p><i>Speaking Topics:</i> Avoiding the Holiday Bulge, Cancer Prevention, Cracking the Nutrition Nutshell, Curbing Cravings, Cutting Cholesterol, De"lite"ful Dining, Eating During Stress, Eating For Energy, Eating On The Run, Eating For Peak Performance, Food and Mood, Food Choices For The New Millennium, Fountain of Youth, Handling Hypertension, Improving Relationships Through Cooking and Entertainment, Jumpstart Your Metabolism, Low-fat Living, Making Peace with Stress, Popular Diets, Summer Hydration, Supermarket Savvy, Vitamins and Minerals</p> |
| <p>Ann S. Litt, MS, RD, LD Nutritionist, author, speaker Nutritionist, The Washington Redskins Author, <i>The College Student's Guide to Eating Well on Campus</i>. Revised and Expanded. Tulip Hill Press, 2005. 301/229-1070 LITT1007@aol.com www.collegeeatingguide.com or www.annlittrd.com</p> | <p>My expertise is working with college age students, athletes, eating disorders and helping parents help their children.</p> |
| <p>Dianne Lollar, MPH, RD, LD Nutrition Consultant and Speaker 676 Lollar Hill Road Oakman, AL 35579 205/275-4606; dlollar@tds.net</p> | <p>Getting Fit and Fabulous, From Garden to Table, Superfoods for Women, Effective Nutrition and Health Policy Begins With You, Nutrition Today Matters Tomorrow, Leadership for Life, Future of Public Health, Sustainable Food Supply</p> |

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| <p>Lisa Harper Mallonee, BSDH, MPH, RD, LD Assistant Professor Baylor College of Dentistry 3302 Gaston Avenue Dallas, TX 75246 (o) 214/828-8914; Fax 214/828-8196 lharper@bcd.tamhsc.edu</p> | <p><i>Diet and Dental Health:</i> For Dietetic and Dental Health Care Professionals: Healthy Mouth, Healthy Body, Healthy Practice; What Does Diet and Nutrition have to do with Dentistry?; Nutrition and Oral Health: Are YOU making the connection?; Dietary Supplements and the Dental Patient; Women, Nutrition and Oral Health; Women's Health: Nutritional Implications throughout the Lifecycle; <i>General Wellness Topics:</i> Nutrition Update..Same Information Different Shape; Fumbling Through the Food Guide Pyramid; Disease Prevention and Health Strategies for Women's Health Issues; etc.</p> |
| <p>Linda S. Eck Mills, MBA, RD, FADA, LDN Professional Speaker/Freelance Writer/Educator/Dietitian Dynamic Communication Services 20 Worman Lane, Bernville, PA 19506 610/488-7010 LSMillsRD@aol.com www.theconsultantsforum.com/eckmills.htm Member - National Speakers Association</p> | <p>Staff Training - Techniques and Tools; Communication: Getting Your Message Across; Time in a Bottle; Games 101, Games That Teach, or Games Trainers Play; Presentation Survival; Communicating with Everyone - including Generation X; From Mundane to Ah Ha! - Effective Training Objects; In My Next Life ... So you want to start a business; In My Next Life ... So you want to be a writer; Others topics as requested based on my published articles.</p> |
| <p>Lisa Mosing, MS, RD, FADA President, NutriTalk, Inc. 1000 Bristol Street North, Suite 17-300 Newport Beach, CA 92660 714.447.9446; Fax 949 387 8953 lmosing@nutritalk.com www.NutriTalk.com Lisa is the nutritional spokesperson for a select group of food and nutrition companies. She also develops nutrition programs, serves as a technical nutrition expert, creates recipes, assists in strategic marketing, counsels patients, and conducts nutrition seminars</p> | <p>Sharpening Your Image: How To Start and Keep a Health Care Business; Entrepreneurism: Moving from A Job to Unlimited Potential; Nutrigenomics; ABC's Of Weight Control; Cancer Prevention; Cholesterol Control; Treating Diabetes with Good Nutrition; Dietary supplementations: real health benefits or modern snake oil; Fishing For Better Health</p> |
| <p>Jennifer Motl, RD Newspaper columnist and dietitian 4221 N. Oakland Ave. #11 Shorewood, WI 53211 262-995-8306 www.brighteating.com</p> | <p>Health benefits of chocolate, spices, eating to prevent heart disease and cancer, feeding picky children, identifying eating disorders, eating for a healthy pregnancy, organic foods, multicultural foods, and more.</p> |
| <p>Maye Musk, MS, MS, RD 21 E 22nd Street, Ste 10 H New York, NY 10010 212/673-8766 nutrition@mayemusk.com www.mayemusk.com</p> <p>Specialty areas: Lifestyle, Image and Business topics</p> | <p><i>Lifestyle:</i> Eat to Win - at home and at work; Executive Stamina; Feel Fantastic; Dining Out and Enjoying the Experience; Wellness in the Workplace; Aging Beautifully and in Good Health; Stress Relieving Strategies; Invest in Your Health: obesity, heart disease, diabetes, osteoporosis and/or cancer prevention; The Metabolic Syndrome: know it and avoid it; How to fit the Top 21 Foods into your Diet; Demystifying Fat, Protein and Carbs; The Latest Diet, is it for you?; Fit and Healthy. <i>Image:</i> Look and Feel Successful; Enhancing Your Professional Image. <i>For Dietitians:</i> Sharpen Your Marketing Skills; Build Your Own Business; Presentation and Media Skills; Get Paid for Your Talks; Creating Job Opportunities; Negotiating a Contract; Grow Your Private Practice; Multicultural Counseling (Global Counseling Skills: Africa, Canada, England, Korea, Japan, Greece, France, Italy)</p> |

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| <p>Katherine Parker, MS, RD Exercise Physiologist & Registered Dietitian 102 E St Davis, CA 95616 and 2509 Capitol Ave Suite 201 Sacramento, CA 95816 Phone 916-616-5266 Fax 916-446-3001 sportsrd@surewest.net</p> | <p>Individual and group counseling to help people understand how to use food to achieve their personal success.</p> <p>Specializing in eating disorders and sports nutrition.</p> |
| <p>Gita Patel, MS, RD, CDE, LD Nutrition Consultant for Optimum Health and Energy 7 Partridge Road Etna, NH 03750 603-643-3930; gbp@valley.net</p> | <p>Preventing Chronic Diseases (Obesity, Type 2 Diabetes, Cancer, Osteoporosis, Heart disease) through Nutrition and Lifestyle, Vegetarian Nutrition, Nutrition in Women's Health, Insulin Resistance and the Metabolic Syndrome, Poly Cystic Ovaries Syndrome, Chronic disease management, and Gastro Intestinal Health. I have taught Nutrition through Vegetarian Indian Cooking for over 10 years. Enjoying the Anti Inflammatory Diet, with the use of herbs and spices. Just finished speaking and teaching 2 classes on "Get a Taste For Nutrition" for National Nutrition Month.</p> |
| <p>Valerie L. Peters, MS, RD, LD Medical Nutrition Therapist Registered Dietitian/Private Practice 227 Ridge Circle Dublin, GA 31021 478/274-9553; Cell 478/998-1127 svpeters@nlamerica.com</p> | <p>Specialty areas: general nutrition information, cardiac, enteral feeding, diabetes management, Type I, II, GDM, weight management.</p> |
| <p>Brenda J. Ponichtera, RD, LD Author and Speaker 1519 Hermits Way, The Dalles, OR 97058 541/296-5859 scaledwn@gorge.net; www.QuickandHealthy.net</p> | <p>Quick & Healthy Meals for any age level, Weight Management, Heart Healthy Tips for Eating and Lifestyle, Self Publishing and Book Marketing: Brenda is the author of <i>Quick & Healthy Low-fat, Carb Conscious Cooking</i> and <i>Quick & Healthy Recipes and Ideas, Volume II</i>.</p> |
| <p>Brenda E. Richardson, MA, RD, CD, LD Independent Contractor/National Speaker/Author/Publisher 6060 E Greenbriar Rd West, Pekin, IN 47165 812/276-1933; Fax 812/967-7677 www.BrendaRichardson.com Speaking Topics are designed to meet your specific needs, whether on-site or off-site for small or large groups. Topics can be individualized to meet your event theme, etc.</p> | <p><i>Popular LTC Topics:</i> Best practice guidelines; Proactive professional liability; Nutrition and hydration; Successful nutritional care systems; Resources & tools for positive outcomes; Integration of nutrition into the RAI/MDS/PPS processes; Effective cost management for food and nonfood areas; Food production & service delivery; LTC survey readiness. <i>Other popular topics:</i> Successful Executive Leadership; Managing High Velocity Change; Managing Staff During Acquisitions and Mergers</p> |
| <p>Tania Rivera, MS, RD, LD/N 305/978-9781 tania102@mindspring.com</p> | <p>The Non Diet Approach to Weight Loss, Healthy Holiday Eating, Meal Planning, Heart Health, Phytochemicals, The New Dietary Guidelines, Fad Diets, and Weight Loss Strategies</p> |
| <p>Tami A. Ross, RD, LD, CDE Diabetes Nutrition Educator, Speaker, Writer 4300 Stoneyhurst Place Lexington, KY 40514 859/223-0049 tarossrd@insightbb.com</p> | <p>Author of: <i>White House Cookbook, Revised and Updated Centennial Edition; The Carbohydrate Counting Cookbook; Diabetes Meals on \$7 a Day - or Less!; Cooking Up Fun For Kids With Diabetes</i>. Regular contributor to <i>Diabetes Self-Management</i> magazine. Specialty/Speaking Topics: Any aspect of diabetes/diabetes management, osteoporosis, cooking with kids, healthy cooking on a budget.</p> |
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| <p>Cynthia Sass, MPH, MA, RD Co-author <i>Your Diet is Driving Me Crazy: When Food Conflicts Get in the Way of Your Love Life</i> Author/Freelance writer/Speaker/Consultant/ Adjunct Professor 4230 S. MacDill Ave, Suite 223 Tampa, FL 33611 813/679-6450 foodcoach@hotmail.com www.sassconsulting.com or www.cynthiasass.com</p> | <p>Food Fight! Terminating Couples' Food Quarrels; You've Got Male: Healthy Strategies for Preventing Early Deletion of Your Man (joint talk with Dave Grotto, RD); The Quick and the Deadly: How to Eat Fast Food and not Bite the Big One; The Good, the Bad, and the Downright Insane: Fad Diets Exposed; Close Encounters of the Germ Kind: A Fun Look at Food Safety; Every Which Way but Thin: Understanding Why Dieting Keeps You Fat; Rules to Live By: The Ten Commandments of Weight Loss; What You Don't Know Will Hurt You: Nutrition Myths and Facts; Born to Run: Nutrition for Athletes and Active People (I teach sports nutrition at the University of South Florida); Beat It: Heart Healthy Eating Strategies; May the phytochemicals be With You: Eating Strategies for Cancer Prevention; Veggin' Out: How to Be a Vibrant Vegetarian or Vegan; Don't Worry, Be Savvy: Strategies for Beating Stress Eating; The Monster at the Table: Understanding Eating Disorders</p> |
| <p>Rosie Schwartz, RD 249 St. Clair Avenue West, Second Floor Toronto, ON M4V 1R3 Canada 416/964-2053; Fax 416/449-0605 hotstuff@interlog.com While I am based in Canada, I have spoken internationally—in the U.S., Asia, and on the high seas! My presentations have been given to both health professionals as well as the lay public.</p> | <p>Enlightened Eating: Sorting through Nutrition Fact and Fantasy (Encompasses a wide range of topics including supplements etc); Eating For Energy (For getting the most out of life in the fast lane); Whole Foods - Harvesting the Power of Phytofoods (one of my books); Waist Management: Assessing whether extra weight is harmful and simple strategies for easy waist management. Heart Healthy Eating - The latest research on nutrition and heart health and translating it to delicious, nutritious choices; Cooking demos which encompass various nutrition issues and fast and easy preparation</p> |
| <p>Jessica Setnick, MS, RD/LD Understanding Nutrition Home of Eating Disorders Boot Camp 6510 Abrams Road, Suite 302 Dallas, TX 75231 214/503-7100; Fax: 214-221-6510 Jessica@UnderstandingNutrition.com www.UnderstandingNutrition.com</p> | <p>My specialty areas are eating and feeding disorders. Some favorite titles are: Making Food Your Friend Again; What's Eating Your Patients? Solving Eating Disorders from the Inside Out; Eating Disorders: What Everyone Should Know; Eating Disorders in Pregnancy: Complications and Treatment Strategies for Mother and Child; Helping Obese Children and Teens Without Diets; Is this Normal? Assessing Childhood Growth and Feeding Issues</p> |
| <p>Tammy Lakatos Shames, RD, CDN, CPT The Nutrition Twins™ New York, New York 212/787-1513 nutritiontwin@aol.com www.nutritiontwins@aol.com</p> | <p>Avoiding the Holiday Bulge, Cancer Prevention, Cracking the Nutrition Nutshell, Curbing Cravings, Cutting Cholesterol, De"lite"ful Dining, Eating During Stress, Eating for Energy, Eating on the Run, Eating for Peak Performance, Food and Mood, Food Choices for the New Millennium, Fountain of Youth, Handling Hypertension, Improving Relationships Through Cooking and Entertainment, Jumpstart Your Metabolism, Low-fat Living, Making Peace with Stress, Popular Diets, Summer Hydration, Supermarket Savvy, Vitamins and Minerals</p> |
| <p>Milton Stokes, RD Freelance Writer & Speaker miltonstokes@msn.com 917/697-7614</p> | <p>Teaching dietitians how to get involved in writing for the media.</p> |
| <p>Lauren Swann, MS, RD, LDN Concept Nutrition, Inc 4201 Neshaminy Blvd PMB 206 Bensalem, PA 19020-4464 215/639-1203; Cell 215/779-6477; Fax 215/604-0156 LS@FoodFactsWork.com www.FoodFactsWork.com</p> | <p>Food & Nutrition Labeling, Nutrient Analyses Cultural Foodways, Ethnic Dietary Practices Nutrition & Marketing Communications Consumer Trends, Food Industry Trends Freelance Writing</p> |

| Speaker Contact Information | Specialty/Speaking Topics |
|---|---|
| <p>Paul R. Thomas, EdD, RD The Dietary Supplement LLC 11905 Bristol Manor Court Rockville, MD 20852 301/881-7008 TheDietarySupplement@earthlink.net</p> | <p>Dietary supplements, ranging from overviews of the subject to presentations on specific supplements and supplements for particular purposes. Currently, I'm a Scientific Consultant to the Office of Dietary Supplements at the National Institutes of Health, and I'm writing a consumer-oriented book on these products. Between 2000-2003 I wrote and published <i>The Dietary Supplement</i> newsletter.</p> |
| <p>Peggy Turner, MS, RD/LD 405/354-0976 peggy@pdaRD.com www.pdaRD.com</p> | <p>Nutrition in the Palm of Your Hand; The Basics: History of PDAs, and who has adopted the technology (review of the current literature); Survey Results: Statewide survey of Oklahoma-based dietitians; The Dietitian and the PDA: Software, applications, and programs available; Demo: Live software demo: USDA nutrient database, MedMath, MobileDB and others if time allows. How to choose the PDA and software that's right for you: Brands, Pricing, Features</p> |
| <p>Elizabeth M. Ward, MS, RD 24 Oak Street Reading, MA 01867 781/944-1484 eward@ix.netcom.com</p> | <p>Specializes in speaking about nutrition prior to and during pregnancy; and childhood nutrition (I am the author of <i>Healthy Foods, Healthy Kids</i> and <i>The American Dietetic Association's Pregnancy Nutrition: Good Health for You and Your Baby</i>); women's health; and nutrition for seniors (I am co-author of <i>Super Nutrition After 50</i>).</p> |
| <p>Roberta Schwartz Wennik, MS, RD and Certified MBTI (Myers-Briggs Type Indicator) practitioner HealthPro PO Box 83 Lynnwood, WA 98046-0083 425/778-1340; Fax 425/774-8246 roberta@advantagediets.com www.advantagediets.com</p> <p>Custom designed talks available</p> | <p>1) Kick Up Your Counseling a Notch with Personality Typing (based on the world-renowned Myers-Briggs Type Indicator); 2) A Personality Approach to Coaching; 3) The Personality Factor in Weight Loss; 3) Improving Organizational Communication; 4) Building Stronger Teams; 5) Cut the carbs or cut the fat?; 6) Sorting through the Diets; 7) General nutrition topics (Supermarket shopping, holiday eating, stress eating, disease prevention through nutrition, cooking healthy). Author of: <i>Drawing the Line on Calories, Carbs, and Fat</i> (the unique patented connect-the-dots approach to cutting calories, carbs, and fat); <i>Your Personality Prescription</i>, <i>Boomer's Guide to Getting the Weight Off...for Good</i></p> |
| <p>Jennifer Williams, MS, RD, CNSD 2112 Pine Street, Unit 1R Philadelphia, PA 19103 215/ 893-0447</p> | <p>Fad diets, Nutrition Assessment, Acute Renal Failure, Lung Transplantation, and Indirect calorimetry</p> |
| <p>Kathy G. Wise, RD, LD, LDN NutraWise Ltd. 4974 Higbee Ave. NW, Suite 100 Canton, OH 44718 330/493-0422; 1-877/678-4327</p> | <p>General Health & Wellness: Cholesterol, Stroke & Heart Disease; Carbohydrates and Health; Weight Management (Diet & Exercise); Motivating Your Clients to Make Change. Athletes and Active People: Fueling Your Body for Performance; Preventing and Spotting Eating Disorders. Business/Entrepreneurial: Marketing & Building Your Practice; Finding the Help You Need to Run a Successful Practice</p> |